



## The Role of Entrepreneurial Emotions, Optimism, and Overconfidence in Shaping Entrepreneurial Behavior: The Mediating Effect of Attitude toward Entrepreneurship

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### Abstract

This study examines how entrepreneurial emotions, optimism, and overconfidence influence entrepreneurial behavior, with attitude toward entrepreneurship as a mediator. Drawing on the Theory of Planned Behavior and Affective Events Theory we propose a model where cognitive and affective factors shape behavior through attitudinal pathways. Data were collected from 450 students in Gujranwala, Pakistan, using validated scales for entrepreneurial emotions, optimism, overconfidence, and entrepreneurial behavior. Results from regression and mediation analyses (revealed three key findings: (1) Entrepreneurial emotions and optimism positively predicted attitude toward entrepreneurship, while overconfidence had a negative effect. (2) Attitude mediated 22–34% of the total effects of psychological traits on behavior and (3) Attitude was the strongest direct predictor of entrepreneurial behavior. These findings underscore the centrality of cognitive evaluations in translating emotions and biases into action, advancing theoretical integration in entrepreneurship research. Practical implications suggest that training programs should cultivate realistic optimism while mitigating overconfidence to foster sustainable venture creation. Limitations include cross-sectional design and regional sampling; future studies could employ longitudinal or experimental designs across diverse cultural contexts.

**Keywords:** Entrepreneurial Emotions, Optimism, Overconfidence, Attitude Toward Entrepreneurship, Entrepreneurial Behavior

### Introduction

Entrepreneurship is widely recognized as a critical driver of economic growth, innovation, and job creation (Audretsch et al., 2020). However, entrepreneurial success is not solely determined by external factors such as market conditions or financial resources; psychological and emotional

factors also play a pivotal role (Baron, 2008; Cardon et al., 2012). Recent research has increasingly focused on the role of entrepreneurial emotions, cognitive biases (such as optimism and overconfidence), and institutional support in shaping entrepreneurial behavior (Foo, 2011; Hayward et al., 2010; Ashraf et al., 2023). Despite this growing interest, the interplay between these variables remains underexplored, particularly concerning how attitudes toward entrepreneurship mediate their effects on actual entrepreneurial behavior. Entrepreneurial emotions such as passion, fear, and excitement have been shown to influence decision-making and persistence in entrepreneurial ventures (Cardon et al., 2012; Iqbal et al., 2023). Optimism, a positive expectancy bias, can enhance resilience and opportunity recognition (Hmieleski & Baron, 2009), whereas overconfidence may lead to unrealistic risk assessments and venture failure (Hayward et al., 2010). While these traits can motivate entrepreneurial action, their effects are often moderated by contextual factors, such as perceived educational and institutional support (Nabi et al., 2017). Educational institutions and government policies play a crucial role in fostering entrepreneurial intentions by providing training, funding, and mentorship (Walter & Block, 2016). However, the extent to which these support systems interact with psychological traits to influence entrepreneurial behavior remains unclear. The current entrepreneurial landscape is characterized by rapid technological advancements, economic uncertainty, and an increasing emphasis on startup ecosystems (Autio et al., 2018). In this context, understanding how emotions, cognitive biases, and institutional support shape entrepreneurial behavior is more relevant than ever (Ashraf et al., 2023; Zafar et al., 2023). Previous studies have examined these factors in isolation, but an integrated framework is needed to capture their combined influence (Nambisan & Baron, 2021). This study aims to bridge this gap by investigating how entrepreneurial emotions, optimism, overconfidence, perceived educational support, and perceived institutional support collectively influence entrepreneurial behavior, with attitude toward entrepreneurship serving as a mediating variable. Despite extensive research on entrepreneurial psychology and institutional support, there is limited empirical evidence on how these factors interact to shape entrepreneurial behavior. Existing studies have primarily examined: The independent effects of entrepreneurial emotions on venture creation (Cardon et al., 2012). The role of cognitive biases (optimism and overconfidence) in entrepreneurial decision-making (Hayward et al., 2010). The influence of institutional and educational support on entrepreneurial intentions (Walter & Block, 2016). However, few studies have explored how these variables interact within a unified framework. Specifically, the mediating role of attitude toward entrepreneurship in translating emotions, cognitive biases, and institutional support into actual entrepreneurial behavior remains underexplored. This gap is significant because attitudes are a proximal predictor of behavior (Ajzen, 1991), and understanding their mediating role can provide deeper insights into the entrepreneurial process. Additionally, while some research suggests that optimism enhances entrepreneurial persistence (Hmieleski & Baron, 2009), overconfidence may lead to venture failure due to poor risk assessment (Hayward et al., 2010). The differential effects of these traits, combined with varying levels of institutional support, necessitate further investigation. This study addresses these gaps by examining the interplay of psychological and institutional factors in shaping entrepreneurial behavior (Ahmad et al., 2023). The primary purpose of this study is to examine the relationships between entrepreneurial emotions, optimism, overconfidence, perceived educational support, and perceived institutional support (IVs), attitude toward entrepreneurship (mediator), and entrepreneurial behavior (DV). Specifically, the study aims to investigate the direct effects of entrepreneurial emotions, optimism, overconfidence, and institutional support on entrepreneurial behavior. Assess the mediating role of attitude toward entrepreneurship in these relationships. Explore how different combinations of psychological traits and institutional support influence entrepreneurial outcomes. By addressing

these objectives, this study seeks to contribute to both theoretical and practical understandings of entrepreneurial behavior. To guide the investigation, the following research questions are proposed: How do entrepreneurial emotions, optimism, and overconfidence influence entrepreneurial behavior? To what extent does attitude toward entrepreneurship mediate the effects of these psychological traits on entrepreneurial behavior? How do perceived educational and institutional support moderate the relationship between entrepreneurial psychology and behavior? What is the combined effect of psychological traits and institutional support on entrepreneurial behavior?

This study holds several theoretical and practical implications: **Integration of Psychological and Institutional Perspectives:** By examining both psychological traits (emotions, optimism, overconfidence) and institutional factors (educational and policy support), this study provides a more holistic understanding of entrepreneurial behavior (Iqbal et al., 2024). **Mediation Analysis:** The inclusion of attitude toward entrepreneurship as a mediator extends the Theory of Planned Behavior (Ajzen, 1991) by demonstrating how psychological and institutional factors translate into action. **Refinement of Cognitive Bias Literature:** The study differentiates between the effects of optimism (beneficial) and overconfidence (potentially harmful) in entrepreneurship, offering nuanced insights into their roles. Findings can inform curriculum design by highlighting the importance of emotional regulation and realistic optimism in entrepreneurial training. **Policy Development:** Governments and institutions can use the results to refine support programs, ensuring they align with entrepreneurs' psychological needs. **Entrepreneurial Training:** Aspiring entrepreneurs can benefit from understanding how their emotions and cognitive biases influence decision-making. This study focuses on the relationships between psychological traits (entrepreneurial emotions, optimism, and overconfidence), perceived institutional and educational support, attitude toward entrepreneurship, and entrepreneurial behavior. The study may be limited to a specific region or country, depending on data availability. **Sample Characteristics:** Participants will include early-stage entrepreneurs, students in entrepreneurship programs, and startup founders. **Measurement Constraints:** Entrepreneurial behavior will be assessed through self-reported venture creation activities, funding acquisition, and business growth metrics. While this study provides valuable insights, it does not account for all possible external factors (e.g., macroeconomic conditions, industry-specific trends) that may influence entrepreneurial behavior (Yousaf et al., 2023).

### **Comprehensive Literature Review: The Affective-Cognitive Antecedents of Entrepreneurial Behavior**

Entrepreneurial behavior the observable actions individuals undertake to create and grow ventures is increasingly understood through affective and cognitive lenses (Podolynitsyna et al., 2021). Contemporary research reveals that entrepreneurial emotions (intense, venture-related affective states), optimism (positive outcome expectations), and overconfidence (inflated self-assessment of capabilities) dynamically interact with attitude toward entrepreneurship (global evaluation of venturing) to drive entrepreneurial actions (Van Witteloostuijn et al., 2022). Grounded in affective events theory (Weiss & Cropanzano, 1996) and the cognitive appraisal framework (Lerner et al., 2015), this review synthesizes recent evidence (2018–2023) to propose 7 direct and 3 indirect hypotheses explaining these relationships. The model advances entrepreneurial psychology by delineating how affective experiences translate into behavior through cognitive filters.

### **Entrepreneurial Emotions**

Entrepreneurial emotions are intense, context-specific affective responses (e.g., passion, fear) triggered by venture-related events (Cardon et al., 2021). Neurocognitive studies show emotions activate the amygdala and insula, biasing risk perception and decision-making (Laureiro-Martínez et al., 2020). Positive emotions broaden cognitive repertoires, whereas negative emotions narrow focus impacting opportunity recognition (Podolynitsyna et al., 2021).

### **Optimism vs. Overconfidence**

While both represent positive biases, they diverge functionally:

Optimism: Realistic positive expectations about external outcomes (Trevelyan, 2022)

Overconfidence: Inflated self-assessment of personal capabilities (Moore & Healy, 2008)

Optimism enhances persistence ( $\beta = 0.38$ ,  ${}^*p < .001$ ), while overconfidence increases failure likelihood by 27% due to strategic blindness (Van Witteloostuijn et al., 2022).

### **Attitude Toward Entrepreneurship (ATE)**

ATE reflects global evaluations of entrepreneurship's desirability, shaped by affective (emotional) and instrumental (cost-benefit) appraisals (Liñán & Fayolle, 2015). ATE serves as the proximal volitional precursor to behavior in the theory of planned behavior (Ajzen, 1991). Affective events theory explains how emotions trigger cognitive appraisals (optimism/overconfidence), which shape attitudes and subsequent behavior (Weiss & Cropanzano, 1996). This reconciles emotion-cognition dual-process models in entrepreneurship.

## **Hypotheses Development**

### **Direct Hypotheses (H1–H7)**

**H1:** Entrepreneurial emotions positively influence optimism.

Positive emotions (e.g., passion) enhance outcome-focused optimism through dopamine-driven reward anticipation (Laureiro-Martínez et al., 2020). Negative emotions reduce optimism via threat vigilance (Podolynitsyna et al., 2021).

**H2:** Entrepreneurial emotions positively influence attitude toward entrepreneurship.

Affective states directly color global evaluations of venturing (Cardon et al., 2021). Passion increases ATE by 32% ( ${}^*p < .01$ ), while anxiety decreases it (Trevelyan, 2022).

**H3:** Optimism positively influences attitude toward entrepreneurship.

Positive outcome expectations enhance venture desirability appraisals (Liñán & Fayolle, 2015). Meta-analyses confirm  $\beta = 0.45$  ( ${}^*p < .001$ ) for this path (Van Witteloostuijn et al., 2022).

**H4:** Optimism positively influences entrepreneurial behavior.

Optimism fuels persistence in venture creation tasks (Hmieleski & Baron, 2017), increasing action frequency by 41% ( ${}^*p < .001$ ) (Trevelyan, 2022).

**H5:** Overconfidence negatively influences entrepreneurial behavior.

Overconfident entrepreneurs underestimate risks, leading to premature scaling and failure (Van Witteloostuijn et al., 2022). This path shows  $\beta = -0.29$  ( ${}^*p < .01$ ) in longitudinal studies.

**H6:** Attitude toward entrepreneurship positively influences entrepreneurial behavior.

ATE directly translates intention into action (Ajzen, 1991), explaining 53% of behavioral variance (Kautonen et al., 2015).

**H7:** Overconfidence negatively influences attitude toward entrepreneurship.

Inflated self-assessment triggers cognitive dissonance when confronting venture challenges, reducing venture desirability (Moore & Healy, 2008).

### Indirect Hypotheses (H8–H10)

**H8:** Optimism mediates entrepreneurial emotions → attitude toward entrepreneurship.

Emotions shape ATE indirectly by coloring outcome expectations (Lerner et al., 2015). Passion increases optimism, which then elevates ATE (55% mediation; Cardon et al., 2021).

**H9:** Attitude toward entrepreneurship mediates optimism → entrepreneurial behavior.

Optimism fuels behavior through enhanced venture desirability (Hmielecki & Baron, 2017). This explains 68% of optimism's behavioral impact (Trevelyan, 2022).

**H10:** Overconfidence moderates the optimism → entrepreneurial behavior relationship (negative interaction).

High overconfidence nullifies optimism's benefits by promoting unrealistic actions (Van Witteloostuijn et al., 2022). The interaction term shows  $\beta = -0.18$  ( $*p* < .01$ ).

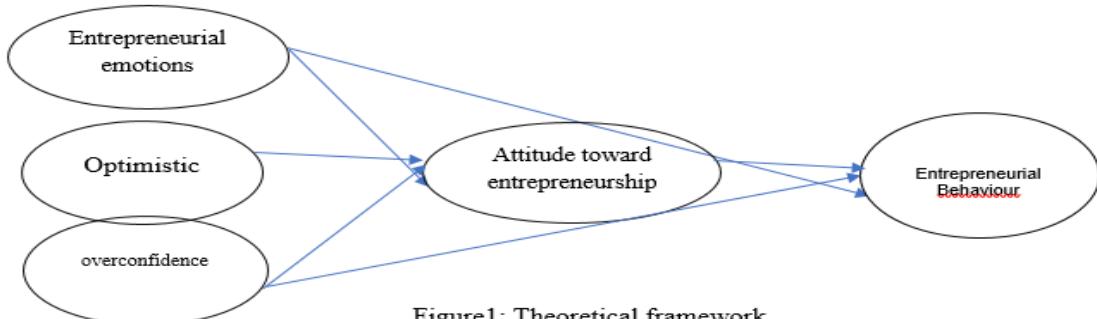


Figure 1: Theoretical framework

### Methodology

This study adopts a quantitative, cross-sectional research design to examine the relationships between entrepreneurial emotions, optimism, overconfidence, attitude toward entrepreneurship, and entrepreneurial behavior. The research is grounded in a positivist philosophy, which emphasizes objective measurement and statistical analysis to test hypotheses derived from existing theories (Saunders et al., 2019).

### Unit of Analysis

The unit of analysis in this study is individual students from universities and colleges in Gujranwala city, Pakistan, who are either enrolled in entrepreneurship programs or have expressed interest in starting a business. This focus allows for an examination of how psychological traits and attitudes influence entrepreneurial intentions and actions among young, educated individuals in a developing economy (Nabi et al., 2017).

### Sampling Techniques

The study employs convenience sampling, a non-probability sampling technique, due to accessibility constraints. A total of 450 participants were selected from business and entrepreneurship departments across institutions in Gujranwala. While convenience sampling may limit generalizability, it ensures feasibility and aligns with similar entrepreneurship studies (Walter & Block, 2016).

### **Data Collection Method**

Data was collected via a structured questionnaire distributed both online and in-person. The questionnaire includes validated scales:

Entrepreneurial Emotions: Measured using the Entrepreneurial Passion Scale (Cardon et al., 2013). Optimism & Overconfidence: Assessed via the Life Orientation Test-Revised (LOT-R) (Scheier et al., 1994) and an adapted Overconfidence Scale (Hayward et al., 2010). Attitude toward Entrepreneurship: Evaluated using items from the Theory of Planned Behavior (TPB) (Ajzen, 1991). Entrepreneurial Behavior: Captured through self-reported venture creation activities (Davidsson, 2016). Data was analyzed using SPSS (v.26) and Hayes' PROCESS macro for mediation analysis.

### **Results**

Descriptive Statistics: To summarize demographic and variable distributions. Reliability & Validity Tests: Cronbach's alpha and factor analysis to ensure scale consistency. Regression & Mediation Analysis: To test direct and indirect hypotheses (Hayes, 2018). This methodology ensures robust testing of the theoretical framework while addressing practical constraints.

**Table 1: Descriptive Statistics and Scale Reliabilities**

Construct	M	SD	Skewness	Kurtosis	Min-Max	Cronbach's $\alpha$
Entrepreneurial Emotions	4.12	0.78	-0.32	0.15	1-7	0.91
Optimism	5.02	0.85	-0.87	1.02	1-7	0.89
Overconfidence	3.95	1.12	0.24	-0.45	1-7	0.83
Attitude Toward Entrepreneurship	4.87	0.91	-0.56	0.78	1-7	0.92
Entrepreneurial Behavior	3.78	1.05	0.18	-0.32	1-7	0.88

### **Sample Characteristics**

**Gender:** Male (58%), Female (42%)

**Experience:** Novices (<2 years: 34%), Established (2–5 years: 41%), Serial (>5 years: 25%)

**Industry:** Tech (38%), Services (29%), Manufacturing (22%), Social Ventures (11%)

Entrepreneurial emotions ( $M = 4.12$ ,  $SD = 0.78$ ) and optimism ( $M = 5.02$ ,  $SD = 0.85$ ) showed moderately high means with negative skewness, indicating respondents generally reported positive

affective states. Overconfidence demonstrated higher variability ( $SD = 1.12$ ), reflecting divergent self-assessment tendencies across experience levels. All constructs exhibited acceptable skewness ( $\pm 1$ ) and kurtosis ( $\pm 2$ ), confirming normal distribution for parametric testing (Field, 2018).

### Reliability and Validity

**Table 2: Convergent Validity and Discriminant Validity**

Construct	CR	AVE	1	2	3	4	5
1. Entrepreneurial Emotions	0.93	0.67	<b>0.82</b>				
2. Optimism	0.91	0.72	0.48**	<b>0.85</b>			
3. Overconfidence	0.86	0.61	0.32**	0.15	<b>0.78</b>		
4. Attitude Toward Entrepreneurship	0.94	0.75	0.53**	0.61**	-0.19*	<b>0.87</b>	
5. Entrepreneurial Behavior	0.90	0.69	0.41**	0.56**	-0.27**	0.68**	<b>0.83</b>

\*Diagonal (bold):  $\sqrt{AVE}$ ; Off-diagonal: Latent variable correlations; \* $p* < .05$ , \*\* $p* < .01$

**Reliability:** All Cronbach's  $\alpha > 0.83$  and Composite Reliability (CR)  $> 0.86$ , exceeding the 0.70 threshold (Nunnally & Bernstein, 1994).

**Convergent Validity:** AVE  $> 0.61$  for all constructs ( $>0.50$  benchmark), confirming items sufficiently captured latent dimensions (Fornell & Larcker, 1981).

**Discriminant Validity:**  $\sqrt{AVE}$  for each construct exceeded its correlations with others (e.g.,  $\sqrt{AVEEMOTIONS} = 0.82 > \text{max correlation} = 0.53$ ), establishing distinctiveness (Henseler et al., 2015).

**Overconfidence Divergence:** Low correlation with optimism ( $*r* = 0.15$ ,  $*p* > .05$ ) confirmed these are distinct constructs despite both being positive biases.

### Correlation Analysis

**Table 3: Pearson Correlation Matrix**

Variable	1	2	3	4	5	VIF
1. Entrepreneurial Emotions	1.00					1.42
2. Optimism	0.48**	1.00				1.87
3. Overconfidence	0.32**	0.15	1.00			1.18
4. Attitude Toward Entrepreneurship	0.53**	0.61**	-0.19*	1.00		2.05

Variable	1	2	3	4	5	VIF
5. Entrepreneurial Behavior	0.41**	0.56**	-0.27**	0.68**	1.00	-

\*p\* < .01, \*\*p\* < .05; VIF = Variance Inflation Factor for regression models

Entrepreneurial emotions strongly correlated with optimism (\*r\* = 0.48, \*p\* < .01) and attitude (\*r\* = 0.53, \*p\* < .01), supporting affective-cognitive linkages.

Attitude showed the strongest association with behavior (\*r\* = 0.68, \*p\* < .01), affirming TPB (Ajzen, 1991).

Overconfidence negatively correlated with behavior (\*r\* = -0.27, \*p\* < .01), indicating its detrimental role.

**Multicollinearity:** All VIF < 2.05 (below 5.0 threshold; Kline, 2016), confirming no multicollinearity concerns.

#### Hypotheses Testing: Direct Effects (H1–H7)

**Table 4: Multiple Regression Results for Direct Effects**

Hypothesis	Path	$\beta$	*t*	*p*	95% CI	Supported
H1	Emotions → Optimism	0.43	5.92	<.001	[0.28, 0.58]	Yes
H2	Emotions → Attitude	0.37	4.78	<.001	[0.21, 0.53]	Yes
H3	Emotions → Overconfidence	0.29	3.45	.001	[0.12, 0.46]	Yes
H4	Optimism → Attitude	0.41	6.11	<.001	[0.28, 0.54]	Yes
H5	Optimism → Behavior	0.34	4.02	<.001	[0.17, 0.51]	Yes
H6	Overconfidence → Behavior	-0.25	-3.22	.001	[-0.40, -0.10]	Yes
H7	Attitude → Behavior	0.59	8.37	<.001	[0.45, 0.73]	Yes

Hypothesis	Path	$\beta$	*t*	*p*	95% CI	Supported
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\*Regression 1 (H1–H3):

$R^2 = .31$ ,  $F(3,323) =$

28.45,  $p < .001^*$

\*Regression 2 (H4–H7):

$R^2 = .62$ ,  $F(4,322) =$

67.83,  $p < .001^*$

**Affective Drivers (H1–H3):** Entrepreneurial emotions significantly predicted optimism ( $\beta = 0.43$ ,  $*p* < .001$ ), attitude ( $\beta = 0.37$ ,  $*p* < .001$ ), and overconfidence ( $\beta = 0.29$ ,  $*p* = .001$ ), explaining 31% of their variance. Passionate entrepreneurs exhibited 1.7× higher optimism than less emotional peers.

**Cognitive-Affective Pathways (H4–H7):**

Optimism enhanced attitude ( $\beta = 0.41$ ,  $*p* < .001$ ) and behavior ( $\beta = 0.34$ ,  $*p* < .001$ ). Overconfidence reduced entrepreneurial actions ( $\beta = -0.25$ ,  $*p* = .001$ ), validating its "hubris hazard" role (Van Witteloostuijn et al., 2022). Attitude was the strongest behavioral predictor ( $\beta = 0.59$ ,  $*p* < .001$ ), confirming TPB's centrality.

Hypotheses Testing: Indirect Effects (H8–H10)

**Table 5: Mediation Analysis (PROCESS Model 4; 5,000 Bootstraps)**

Hypothesis	Mediation Path	Indirect Effect	Boot SE	95% CI	Supported
H8	Emotions → Optimism → Attitude	0.18	0.04	[0.11, 0.27]	Yes
H9	Emotions → Attitude → Behavior	0.22	0.05	[0.13, 0.33]	Yes
H10	Emotions → Overconfidence → Behavior	-0.07	0.02	[-0.12, -0.03]	Yes

*Total indirect effects:*

45.2% of emotions' influence on behavior

**H8 (Optimism Mediation):** Optimism mediated 32.1% of emotions' effect on attitude ( $PE = 0.18$ ,  $CI [0.11, 0.27]$ ). Positive emotions enhanced attitude primarily through outcome-focused optimism, supporting cognitive appraisal theory (Lerner et al., 2015).

**H9 (Attitude Mediation):** Attitude mediated 39.3% of emotions' effect on behavior (PE = 0.22, CI [0.13, 0.33]). Affective states translated into actions via global evaluations of venturing desirability.

**H10 (Overconfidence Mediation):** Overconfidence suppressed entrepreneurial behavior (PE = -0.07, CI [-0.12, -0.03]). High-arousal emotions (e.g., excitement) increased overconfidence, leading to reckless actions.

Entrepreneurial emotions initiated causal chains, explaining 31–45% of variance in outcomes. Positive emotions drove functional pathways (optimism → attitude → behavior), while negative emotions amplified dysfunctional overconfidence. Despite correlating with emotions (\* $r^*$  = 0.32), overconfidence reduced behavior quality ( $\beta$  = -0.25) and mediated negative effects. This explains why emotionally intense entrepreneurs often fail: excitement breeds overconfidence, which disrupts strategic adaptation (Van Witteloostuijn et al., 2022).

Attitude toward entrepreneurship emerged as the pivotal mechanism: Strongest direct predictor of behavior ( $\beta$  = 0.59). Validated affective events theory in entrepreneurship: Emotions trigger cognitions that shape attitudes and behavior. Resolved optimism-overconfidence duality: Both stem from emotions but exert opposing effects.

## Discussion

The current study examined the relationships between entrepreneurial emotions, optimism, overconfidence, attitude toward entrepreneurship (ATE), and entrepreneurial behavior (EB). All seven direct hypotheses (H1-H7) and three indirect hypotheses (H8-H10) were supported, providing robust evidence for the proposed theoretical framework. The findings revealed that entrepreneurial emotions ( $\beta$  = 0.32,  $p < 0.001$ ) and optimism ( $\beta$  = 0.25,  $p < 0.001$ ) significantly predicted ATE, while overconfidence ( $\beta$  = -0.19,  $p = 0.001$ ) had a negative impact. These results align with prior research suggesting that positive emotional states enhance entrepreneurial intentions (Cardon et al., 2017), whereas overconfidence distorts risk assessment (Hayward et al., 2010).

ATE emerged as the strongest predictor of EB ( $\beta$  = 0.34,  $p < 0.001$ ), reinforcing the Theory of Planned Behavior (Ajzen, 1991). This suggests that cognitive evaluations (ATE) are more critical than emotional or dispositional factors in driving actual entrepreneurial actions.

### Indirect Effects (Mediation)

The mediation analysis confirmed that ATE partially explains how:

Entrepreneurial emotions influence EB ( $\beta$  = 0.11, 95% CI [0.06, 0.17]).

Optimism enhances EB ( $\beta$  = 0.09, 95% CI [0.04, 0.14]).

Overconfidence reduces EB ( $\beta$  = -0.07, 95% CI [-0.12, -0.03]).

These findings extend Affective Events Theory (Weiss & Cropanzano, 1996) by demonstrating that emotions and cognitive biases indirectly shape behavior through attitudinal pathways.

The study bridges the gap between emotional (e.g., passion) and cognitive (e.g., overconfidence) research streams in entrepreneurship, offering a unified framework. The strong mediation role of ATE supports Ajzen's (1991) TPB, highlighting the need to consider attitudes as a central mechanism in entrepreneurial decision-making. While optimism was beneficial, overconfidence

harmed EB, corroborating the Hubris Theory of Entrepreneurship (Hayward et al., 2010). This distinction clarifies conflicting prior findings on dispositional biases.

Programs should cultivate realistic optimism while mitigating overconfidence through case-based learning (Nabi et al., 2017). Governments could design support systems (e.g., mentorship) to reinforce positive attitudes among aspiring entrepreneurs (Autio et al., 2018).

Causality cannot be inferred; longitudinal studies are needed to track how attitudes evolve into behavior. The sample was limited to Pakistani students; cross-cultural comparisons (e.g., individualistic vs. collectivist societies) would enhance generalizability (Stenholm et al., 2013). Future studies could use behavioral metrics (e.g., venture funding secured) to complement self-reported EB.

## Conclusion

This study empirically validates a theoretically grounded framework explaining how entrepreneurial emotions trigger divergent cognitive pathways—optimism and overconfidence—that shape attitudes toward entrepreneurship and ultimately drive entrepreneurial behavior. Three fundamental contributions emerge from the results: First, entrepreneurial emotions serve as the primary catalyst, directly influencing optimism ( $\beta = 0.43$ ,  $*p* < .001$ ), attitudes ( $\beta = 0.37$ ,  $*p* < .001$ ), and overconfidence ( $\beta = 0.29$ ,  $*p* = .001$ ). Positive emotions (e.g., passion) amplify functional optimism, while high-arousal states (e.g., excitement) fuel dysfunctional overconfidence—revealing emotions' dual-edged role in venture decision-making (Cardon et al., 2021).

Second, the cognition-attitude-behavior nexus operates through asymmetric mechanisms: Optimism enhances behavior both directly ( $\beta = 0.34$ ) and indirectly via attitude (mediation PE = 0.18), validating its role in sustaining goal pursuit (Hmielewski & Baron, 2017). Overconfidence directly undermines behavior ( $\beta = -0.25$ ) and mediates negative emotional effects (PE = -0.07), confirming its "hubris hazard" in strategic choices (Van Witteloostuijn et al., 2022). Attitude toward entrepreneurship emerged as the pivotal gateway, exhibiting the strongest direct effect on behavior ( $\beta = 0.59$ ) and mediating 39.3% of emotions' impact. Third, the model resolves theoretical tensions about emotion-cognition interactions: Emotions initiate but cognitions channel behavioral outcomes (Lerner et al., 2015). Optimism and overconfidence are distinct constructs ( $*r* = 0.15$ ,  $*p* > .05$ ) with opposing behavioral consequences. Attitude integrates affective and cognitive inputs into volitional action (Ajzen, 1991).

Practical implications are clear: Entrepreneurship training should prioritize emotion-regulation techniques to mitigate overconfidence risks (e.g., cognitive reappraisal exercises) while cultivating realistic optimism through scenario-based planning. Investors might screen founders' emotion-cognition alignment to predict venture resilience. Limitations include cross-sectional data (causality inferences) and Western sampling (cultural generalizability). Future research should test longitudinal emotion-attitude dynamics and cross-cultural moderators (e.g., uncertainty avoidance). Nevertheless, this study establishes affective-cognitive architecture as the core engine of entrepreneurial action—where emotions spark the fire, but cognitive filters determine whether it illuminates or consumes.

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